



## Excellence in Personal Development





## A Strategic Approach To Future-Ready Citizens

At Ashbourne Primary School, personal development is at the heart of everything we do. Guided by our motto, 'Excellent Effort Always Matters', we ensure that all pupils develop the confidence, character and skills needed to succeed in school and beyond.

We believe education should shape both what children learn and who they become. Our personal development offer supports pupils to grow into confident, resilient and responsible individuals, ready to thrive in modern Britain.

Our provision is inclusive and ambitious for all. We ensure that every child, including the most vulnerable, has access to a rich range of experiences that build confidence, raise aspirations and remove barriers to success.

### Our Golden Threads

Our personal development provision is underpinned by our Golden Threads:

- **Language and Literacy** – pupils develop the confidence and vocabulary to communicate, express themselves and engage with the world
- **Resilience and Regulation** – pupils learn to manage emotions, build confidence and persevere through challenge
- **Belonging and Becoming** – pupils feel safe, valued and included, developing a strong sense of identity and aspiration

### Golden Threads



These threads run through all aspects of school life and ensure a consistent and coherent approach to personal development.



**We organise our provision across six key areas:**

**Leadership & Responsibility**



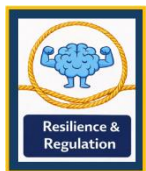
Pupils are given meaningful opportunities to take on leadership roles and contribute to school life, including:

- School Council
- Peer Buddies
- Reception Buddies
- School Sport Organising Crew (SSOC)
- Eco Council and Digital Leaders

**Why we do it:** We believe that pupil voice matters. Leadership opportunities develop confidence, independence and a sense of responsibility.

**Impact:** Pupils develop confidence, leadership skills and a strong sense of contribution. They understand that they can influence positive change within their school community.

**Stay Resilient**



We take a proactive, trauma-informed approach to supporting pupils' emotional development through:

- Zones of Regulation
- Forest Friends
- Regulate Ready provision
- Pastoral groups and targeted interventions
- Trauma-informed practice across school

**Why we do it:** We recognise that emotional wellbeing underpins learning. Pupils need the skills to manage challenges, regulate emotions and build resilience.

**Impact:** Pupils understand their emotions, respond positively to challenges and develop resilience. They are better able to engage with learning and school life



## Life Beyond School



We ensure pupils are prepared for the future through:

- Careers week and visiting speakers
- Educational visits and residential experiences (e.g. Whitehall)
- Bikeability
- Enterprise opportunities (e.g. Grow £5)
- Partnerships with local schools and organisations

**Why we do it:** We want pupils to develop aspirations and understand the opportunities available to them beyond school.

**Impact:** Pupils develop ambition, independence and an understanding of the wider world. They are well prepared for the next stage of their education.

## Health and Wellbeing



We promote physical and mental wellbeing through:

- OPAL play
- High-quality PE and sport provision
- NSPCC Speak Out Stay Safe programme
- Pastoral and wellbeing support
- Family engagement opportunities

**Why we do it:** Healthy pupils are ready to learn. We prioritise wellbeing to ensure pupils feel safe, supported and physically active.

**Impact:** Pupils develop healthy habits, improved wellbeing and positive attitudes towards physical activity and self-care



## Citizenship and British Values



Pupils develop an understanding of their role in society through:

- School Council and pupil voice
- Civic engagement (e.g. Remembrance events, community projects)
- Links with community police and local organisations
- Strong partnerships with families and the PTA

**Why we do it:** We aim to develop responsible, respectful citizens who understand their rights and responsibilities.

**Impact:** Pupils demonstrate respect, responsibility and an understanding of life in modern Britain. They contribute positively to their community.

## Diversity



We promote understanding and respect through:

- Religious Education and visits to places of worship
- Cultural experiences and themed events
- Music, arts and performance opportunities
- Inclusive curriculum and enrichment

**Why we do it:** We want pupils to understand and respect diversity, preparing them for life in a multicultural society.

**Impact:** Pupils develop empathy, respect and an appreciation of different cultures, beliefs and perspectives.



Leadership & Responsibility








Stay Resilient

Life Beyond School



Citizenship & BV

Diversity

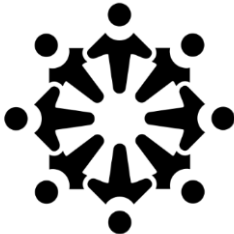
Health and Wellbeing

Initiative		What we do?	Why we do it?
	<b>Vision and Values</b>      	<p>At Ashbourne Primary School, we are guided by our motto: <b>‘Excellent Effort Always Matters’</b>. We are an inclusive community where every child is valued, supported and feels they belong.</p> <p>Our purpose is to ensure the success and growth of every child – no exceptions. We are ambitious for all, striving for excellence through sustained effort, resilience and determination.</p> <p>We equip and inspire pupils to learn, lead and contribute positively to their community and the wider world</p>	<p>Ashbourne Primary exists to serve its community. We welcome and support all children and families, regardless of background or belief, so that every child has the opportunity to succeed.</p> <p>We aim to equip pupils with the knowledge, skills and character to lead their own path, face challenges with resilience and take responsibility for themselves and others.</p> <p>We believe every child can make a positive contribution to society. By embedding our values of respect, kindness and effort, we ensure that all pupils leave Ashbourne Primary ready to thrive in life and learning.</p>




	<p><b>Sports Week</b></p> <ul style="list-style-type: none"> <li>Citizenship &amp; BV</li> <li>Diversity</li> <li>Health and Wellbeing</li> <li>Life Beyond School</li> </ul>	<p>Ashbourne is a town with a wide range of opportunities. To ensure equitable access for all pupils, we hold an annual Sports Week during which local sports clubs and activity providers work with children in school. These experiences enable pupils to try new activities, identify interests and talents, build confidence, and strengthen links with the wider community.</p>	<p>Sports Week and taster sessions provide valuable opportunities to identify and nurture talent, particularly for our most vulnerable pupils, ensuring they can extend and develop their skills.</p> <p>For all pupils, these experiences act as a gateway to new opportunities, enabling them to explore interests, build confidence, and access local clubs and activities beyond school.</p> <p>Our aim is for every child to discover their interests and strengths early. By offering these opportunities in primary school, we ensure pupils can develop passions such as football, athletics, dance, or cricket from a young age, rather than waiting until adulthood to discover them.</p>
	<p><b>Different Places Of Worship</b></p> <ul style="list-style-type: none"> <li>Citizenship &amp; BV</li> <li>diversity</li> </ul>	<p>At Ashbourne Primary, we value the diversity of faiths and cultures within our wider community. Each year, pupils visit a range of places of worship - including churches, a Mandir, Gurdwara, and Mosque - and take part in local faith trails. These experiences develop pupils' respect, understanding, and curiosity about different beliefs and traditions, while reinforcing their sense of belonging in a diverse modern society.</p>	<p>We want pupils to develop a secure understanding of the interfaith society in which they live. As future - ready citizens, they need to feel confident interacting with, and showing respect for, cultures and beliefs that differ from their own.</p>





	<p><b>Partnership with ACE Derbyshire Trust and Queen Elizabeth's Grammar School</b></p> <p>Citizenship &amp; BV</p>	<p>Ashbourne Primary School is part of the ACE Derbyshire Trust and has strong links with Queen Elizabeth's Grammar School. Through these partnerships, pupils benefit from a wide range of opportunities, including:</p> <ol style="list-style-type: none"><li>1. Participation in 'The Ashbourne Big Sing'</li><li>2. Access to a sports partnership programme that promotes teamwork, resilience and healthy lifestyles</li><li>3. Opportunities to perform and showcase talents through collaborative events with older pupils</li><li>4. Shared enrichment activities that broaden horizons and raise aspirations</li></ol> <p>These partnerships strengthen our provision and ensure that every child at Ashbourne Primary experiences excellence through effort, while developing confidence, skills, and a strong sense of community.</p>	<p>We work in partnership with local schools so that our pupils can access a wide range of opportunities and feel fully included in every aspect of our community.</p>
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	<p><b>Partnership with APS PTA</b></p> <p>Citizenship &amp; BV</p>	<p>The PTA works closely with school leaders to enrich many aspects of school life, strengthening relationships between school, families, and the wider community. Through fundraising and community events, the PTA helps to enhance pupils' experiences, promote inclusion, and support access to opportunities for all.</p> <p>Events and initiatives include:</p> <ul style="list-style-type: none"><li>• Elfridges</li><li>• School discos</li><li>• Mothers/Father's Day sales</li><li>• End-of-term sweet sales</li><li>• Preloved uniform sales, supporting affordability and sustainability</li><li>• Summer fayre/Christmas fayre</li><li>• Sponsorship events</li></ul> <p>Through these activities, the PTA plays a vital role in building a strong sense of community, supporting family engagement, and ensuring that all pupils can take part fully in school life.</p>	<p>The Ashbourne Primary PTA plays a vital role in enhancing personal development and strengthening our school community. Through a wide range of events and initiatives, the PTA promotes engagement, inclusivity, and responsibility, while raising funds to support opportunities for all pupils.</p> <p>Initiatives such as Preloved Uniform Sales promote equality and sustainability, ensuring that every child has access to what they need.</p> <p>Community events, including the Summer Fayre and Elfridges, bring families together, strengthen relationships, and provide pupils with opportunities to develop practical and entrepreneurial skills.</p> <p>Together, these activities enrich the school experience and contribute to a supportive, positive environment in which every child can thrive.</p>
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	<p><b>Civic Duties</b></p> <p>Citizenship &amp; BV</p> <p>Diversity</p>	<p>Each year, pupils represent the school at a range of civic events, including laying wreaths on Remembrance Day, taking part in 'The Ashbourne Big Sing' as part of the Ashbourne Arts Festival, and supporting the Ashbourne Food Bank. These experiences actively promote British Values by developing pupils' understanding of democracy, mutual respect, and individual liberty, while reinforcing the importance of service, remembrance, and community responsibility. Through participation in these events, pupils learn how they can contribute positively to society as active and responsible citizens.</p>	<p>These events support pupils in developing an understanding of historical events, democratic processes, and the importance of commemoration and reflection. They also encourage pupils to engage with current affairs, recognise the diverse roles within society, and value different perspectives.</p>
	<p><b>Zones of regulation</b></p> <p>Stay Resilient</p> <p>Health and Wellbeing</p>	<p>At Ashbourne Primary, we use the 'Zones of Regulation' framework to support pupils in understanding and managing their emotions. This approach equips pupils with the language and strategies to recognise their feelings, communicate them appropriately, and regulate their behaviour effectively.</p> <ul style="list-style-type: none"> <li><span style="color: blue;">■</span> <b>Blue Zone</b> – pupils may feel tired, sad, or low in energy.</li> <li><span style="color: green;">■</span> <b>Green Zone</b> – pupils feel calm, focused and ready to learn.</li> </ul>	<p>This work supports:</p> <p>Personal development – building resilience, emotional literacy and self-awareness.</p> <p>Learning readiness – supporting pupils to regulate emotions and return to the Green Zone, enabling focus and engagement.</p> <p>Community values – promoting empathy, respect, and responsibility.</p> <p>By embedding the Zones of Regulation across the school, we empower pupils to become future-ready citizens who can self-regulate, build positive</p>




		<p> <span style="color: orange;">■</span> <b>Yellow Zone</b> – pupils may feel excited, worried, or frustrated.         </p> <p> <span style="color: red;">■</span> <b>Red Zone</b> – pupils experience strong emotions such as anger or extreme upset.         </p> <p>           Through daily practice, pupils learn that all emotions are valid, but that behaviours and responses can be managed. Staff consistently model and explicitly teach regulation strategies, including breathing techniques, movement breaks and positive self-talk. This supports pupils’ emotional wellbeing, self-regulation, and readiness to learn.         </p>	<p>relationships, and thrive both in learning and in life.</p>
	<p><b>ACE Friday Club</b></p> <p>Health and Wellbeing</p> <p>Stay Resilient</p>	<p>At Ashbourne Primary, we recognise that the transition from primary to secondary school is a significant milestone. To support Year 6 pupils in preparing for this change, selected pupils attend the ACE Friday Club.</p> <p>This provision supports pupils who may benefit from additional help to feel confident and ready for the next stage of their education. Through small-group activities, mentoring, and practical workshops, pupils develop resilience, independence, and the skills needed to thrive at secondary school.</p>	<p>The ACE Friday Club focuses on:</p> <p>Confidence building - developing self-belief and independence.</p> <p>Friendship and teamwork - strengthening social skills and positive peer relationships.</p> <p>Practical preparation - exploring routines, expectations, and strategies for success at secondary school.</p> <p>Wellbeing support - supporting pupils to manage worries and build resilience.</p> <p>By the end of the programme, pupils are well prepared to embrace new opportunities, approach challenges</p>






			<p>with confidence and effort, and continue their journey towards excellence as future-ready citizens.</p>
	<p><b>Forest Friends</b></p> <p>Stay Resilient</p> <p>Health and Wellbeing</p>	<p>At Ashbourne Primary, we run Forest Friends, a weekly small-group pastoral intervention designed to support pupils' social and emotional development.</p> <p>Forest Friends provides a nurturing environment in which pupils:</p> <ul style="list-style-type: none"> <li>• Build positive relationships through shared outdoor activities.</li> <li>• Develop communication skills by working collaboratively and reflecting on experiences.</li> <li>• Grow resilience and confidence through problem-solving and appropriately structured challenges in nature.</li> <li>• Strengthen wellbeing through regular time outdoors in a calm, supportive setting.</li> </ul>	<p>Forest Friends is delivered in small groups to ensure that every pupil receives focused support and guidance. Sessions support pupils to manage emotions, develop empathy, and practise teamwork within the safe and inspiring setting of the natural world.</p> <p>By embedding Forest Friends into our weekly routine, we equip pupils with the skills they need to thrive socially and emotionally, preparing them to be confident, caring and future-ready citizens.</p>
	<p><b>NSPCC</b></p> <p>Health and Wellbeing</p> <p>Stay Resilient</p>	<p>At Ashbourne Primary, we are committed to ensuring that every child feels safe, valued and protected. To support this, we use the NSPCC Speak Out Stay Safe programme, which empowers children with the knowledge and confidence to understand</p>	<p>By embedding this programme into our curriculum, we strengthen our safeguarding culture and ensure that children are equipped with the skills to be resilient, confident, and future-ready citizens.</p>



		<p>their rights and to speak out if they ever feel unsafe.</p> <p>Through age-appropriate assemblies and workshops, pupils learn:</p> <ul style="list-style-type: none"><li>• The importance of speaking out about worries or concerns.</li><li>• Who they can turn to for help and support, both in and out of school.</li><li>• How to recognise safe and unsafe situations.</li><li>• That every child has the right to feel safe and protected.</li></ul>	
	<p><b>Trauma Informed</b></p> <p>Stay Resilient</p> <p>Health and Wellbeing</p>	<p>A trauma-informed approach in schools is a way of teaching and supporting children that considers the impact of trauma on learning. It aims to create safe and welcoming environments where students feel supported.</p>	<p>Our trauma-informed practice ensures that we put the emotional and psychological needs of our pupils first. This holistic approach addresses trauma's underlying cause in order to provide a safe and supportive environment for students.</p>


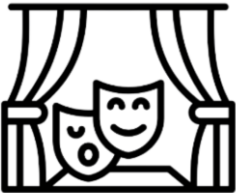



	<p><b>OPAL Play</b></p> <p>Health and Wellbeing</p> <p>Stay Resilient</p>	<p>At Ashbourne Primary, we are proud to be part of the OPAL (Outdoor Play and Learning) programme, which transforms playtimes into rich opportunities for creativity, collaboration and fun. OPAL play is built on the belief that play is essential for every child’s physical, emotional, social and cognitive development.</p>	<p>OPAL play develops teamwork, imaginative play, resilience, friendships through a range of open-ended activities using loose parts.</p> <p>By embedding OPAL play into our daily routines, we ensure that every child has access to high-quality play experiences that support their wellbeing, creativity, and readiness for learning.</p>
	<p><b>Team Support Plans</b></p> <p>Health and Wellbeing</p>	<p>We use support plans and hold regular review meetings to create a ‘Team around the Child’. Team Support Plans bring together teachers, parents and, where appropriate, professionals such as social workers to discuss what’s working well and any current challenges that may be impacting upon their behaviour.</p>	<p>By working collaboratively, the team can develop a clear plan to ensure the child receives the right support. Team Support Plans help to identify issues early, improve communication between all stakeholders, and create a supportive environment where the child’s needs are at the heart of decision-making.</p>
	<p><b>Weekly celebration assemblies</b></p> <p>Leadership &amp; Responsibility</p> <p>Health and wellbeing</p>	<p>Celebration assemblies provide regular opportunities to recognise and champion our pupils’ achievements.</p>	<p>By having regular opportunities in school to recognise and celebrate pupil achievements, we foster confidence and self-esteem in our children.</p>





	<p><b>Ashbourne Primary Choir</b></p> <p>Diversity</p> <p>Leadership &amp; Responsibility</p>	<p>Ashbourne Primary has a longstanding school choir, who meet weekly to learn and rehearse a diverse range of music. They have many opportunities to perform throughout the year and now have musicians joining in too!</p>	<p>Joining a school choir can provide a range of benefits for children, including improved musical skills, increased confidence, social development, better breathing control, stress reduction, and exposure to music from different cultures, all while fostering a sense of community and belonging within the school.</p>
	<p><b>External and internal sporting teams and events</b></p> <p>Leadership &amp; Responsibility</p> <p>Life beyond school</p>	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Football girls</li> <li>• Football boys</li> <li>• Basketball</li> <li>• Dodgeball</li> <li>• Tennis</li> <li>• Cricket</li> <li>• Dance festival</li> <li>• Sports hall athletics</li> <li>• Gymnastics development</li> <li>• Orienteering</li> </ul>	<p>We offer a wide range of extracurricular sporting teams and events to promote physical activity, teamwork, and a healthy lifestyle among our pupils. Engaging in sports helps improve physical fitness, coordination, and overall well-being while also teaching important life skills such as discipline, perseverance, and resilience. Sporting teams and events provide opportunities for pupils of all abilities to participate, whether for fun, personal development, or competitive achievement. They also foster school spirit and a sense of community, encouraging students to work together towards shared goals. Additionally, participating in sports can boost confidence and mental health, helping children to manage stress and build a positive attitude toward challenges. We recognise the value of sports in shaping well-rounded</p>



			individuals and preparing them for future success, both on and off the field.
	<p><b>Careers Week</b></p> <p>Life Beyond School</p>	<p>During our summer term, we arrange for a wide range of people in different job roles to come and share their experiences with the children. At Ashbourne Primary, this has included visits from dentists, lorry drivers, farmers, physiotherapists, nurses, police officers, and the fire service.</p>	<p>By meeting people from diverse job roles, children learn that every career contributes to society and that they, too, can become future-ready citizens with the confidence to pursue their own ambitions.</p>
	<p><b>Summer Play</b></p> <p>Health and Wellbeing</p> <p>Diversity</p>	<p>Each year, pupils in Key Stage 2 at Ashbourne Primary have the opportunity to audition and take part in our Summer Play.</p>	<p>This production allows children to showcase their talents in acting, singing, and performance, while working collaboratively towards a shared goal. The experience builds confidence, creativity, and teamwork, and ensures that every child has the chance to shine on stage as part of a memorable end-of-year celebration.</p>
	<p><b>ECO schools</b></p> <p>Life Beyond School</p> <p>Diversity</p> <p>Citizenship &amp; BV</p>	<p>As part of our commitment to learning beyond the classroom, Ashbourne Primary is proud to be part of the Eco-Schools programme. Children take part in activities that deepen their understanding of nature, conservation, and sustainability. This includes projects such as building bug hotels, exploring local habitats, and learning how to care for the environment.</p>	<p>Through these experiences, children develop respect for the natural world, learn practical ways to protect it, and grow into future-ready citizens who understand the importance of sustainability and community responsibility.</p>





		<p>Children have the opportunity to become Eco Councillors, representing their peers and leading initiatives that make a real difference. Our Eco Councillors work on projects such as maintaining the school's Nature Garden, organising recycling and energy-saving campaigns, and promoting biodiversity across the school grounds.</p>	
	<p><b>Cycling Proficiency</b></p> <p>Life Beyond School</p>	<p>Bikeability is the government's national cycle training programme. It helps the children to learn practical skills and understand how to cycle on today's roads.</p>	<p>Bikeability gives everyone the confidence to cycle and enjoy this skill for life.</p>
	<p><b>Whitehall</b></p> <p>Life Beyond School</p> <p>Leadership &amp; Responsibility</p> <p>Stay Resilient</p>	<p>Our annual Year 6 residential takes place at Whitehall Outdoor Education Centre in Buxton, right in the heart of the Peak District. Whitehall provides a safe and supportive environment where children can take part in a wide range of outdoor pursuits designed to build confidence, resilience and teamwork.</p> <p>Activities include abseiling, canoeing, kayaking, climbing, caving and orienteering.</p>	<p>This residential is designed to provide our pupils with valuable experiences that promote personal growth, teamwork and resilience. By engaging in activities such as climbing, kayaking and orienteering, the children develop confidence, problem-solving skills and a sense of independence.</p>



	<p><b>Pupil Leadership Roles</b></p> <p>Leadership &amp; Responsibility</p>	<p>We encourage pupils to take on additional responsibilities to develop their leadership, teamwork and communication skills. These include:</p> <ul style="list-style-type: none"> <li>- OPAL Play Leaders</li> <li>- School Council</li> <li>- Reception Buddies</li> <li>- Peer Buddies</li> <li>- Eco Council</li> <li>- Digital Leaders</li> </ul>	<p>These responsibilities build confidence, encourage independence, and teach accountability. Pupils also become role models for younger children, fostering a sense of pride and belonging. Additionally, such roles enhance organisation, problem-solving, and time management skills, all of which are useful beyond school life and prepare the children for future roles.</p>
	<p><b>RockSteady</b></p> <p>diversity</p> <p>Leadership &amp; Responsibility</p>	<p>RockSteady is an internal school club where children can learn to play an instrument in their very own band with no experience necessary! Guided by inspirational musicians, children learn songs they love in a fun and supportive in-school group setting.</p>	<p>Participating in the RockSteady Music Band Club can significantly support the personal development of pupils by improving social skills, increasing self-confidence, and encouraging creativity. The group setting promotes communication, teamwork and cultural awareness, which are essential skills for personal growth. Additionally, regular practice encourages discipline and teaches time management, helping pupils to stay organised. Overall, the club offers an enjoyable and interactive way for children to grow both musically and personally while developing valuable life skills.</p>



	<p><b>Peripatetic Music Tuition</b></p> <p>Diversity</p>	<p>We offer peripatetic music tuition for our children:</p> <ul style="list-style-type: none"> <li>• Woodwind –clarinet</li> <li>• Keyboard – Piano &amp; Electric Keyboard</li> </ul>	<p>We are committed to recognising and nurturing the unique skills and talents of every child. By learning from skilled musicians, pupils gain a deeper appreciation for music while improving their technique and performance abilities. These opportunities not only enhance creativity and confidence but also help children to discover passions that may shape their future.</p>
	<p><b>Curriculum aligned school trips</b></p> <p>Life beyond School</p> <p>Diversity</p>	<p>Throughout the year we offer a range of trips that align with curriculum mapping to enhance the children’s learning and experiences beyond the classroom. These include:</p> <ul style="list-style-type: none"> <li>- Space Centre</li> <li>- Cadbury’s World</li> <li>- Sealife Centre</li> <li>- Derby Theatre</li> <li>- Twycross Zoo</li> </ul>	<p>Trips linked to curriculum subjects enable children to experience real-life examples and scenarios of what they have studied at school, helping them to consolidate their learning and make it more memorable. These hands-on experiences provide deeper engagement, allowing students to see the practical applications of their classroom lessons in real-world settings. The broad range of trips on offer also helps to enhance their cultural capital by exposing them to new environments, historical landmarks, scientific discoveries, and artistic expressions that they might not otherwise encounter.</p>



### After-School Clubs

Life Beyond School

Diversity

We offer a range of after school clubs to explore interest, develop skills and socialise outside of regular classes.

Some of the clubs we offer include:

- Zumba
- Ukulele
- Running club
- Girls football
- Trampolining
- Dodgeball
- Yoga
- Basketball
- Athletics
- Cheerleading
- Moo music


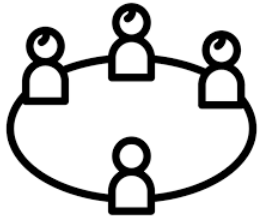
These clubs allow pupils to hone their gifts and talents in a supportive environment.

We offer extracurricular clubs to provide our pupils with opportunities beyond the standard curriculum, allowing them to explore their interests, develop new skills, and build confidence in a supportive environment. Participation in extracurricular activities also promotes teamwork, leadership, and social skills, fostering friendships and a sense of belonging within the school community. Additionally, engaging in clubs can enhance pupil well-being by reducing stress and encouraging a healthy balance between academics and personal development.





	<p><b>Regulate Ready</b></p> <p>Health and Wellbeing</p> <p>Stay Resilient</p>	<p>Regulate Ready Club is a safe, supportive space where children learn and practice strategies to manage their emotions and prepare for learning. Through calming activities, sensory tools, breathing exercises, and positive routines, we help pupils feel settled and ready to engage in the classroom.</p>	<p>We run Regulate Ready Club because emotional regulation is essential for wellbeing and learning. When children feel calm and in control, they can focus better, build positive relationships, and succeed academically. The club happens every morning before school and provides proactive support to reduce stress and anxiety, helping the child start the day feeling confident and prepared.</p>
	<p><b>Links with community police</b></p> <p>Life Beyond School</p> <p>Citizenship &amp; BV</p>	<p>We work closely with our local community police officers to build positive relationships and promote safety. This includes regular visits to school, leading assemblies, interactive sessions about staying safe, and opportunities for children to ask questions and learn about the role of the police in our community.</p>	<p>We do this to help children feel safe, informed, and confident in their community. By working with the police, we teach respect, responsibility, and awareness of how to make good choices. It also helps break down barriers, showing children that police officers are approachable and here to help.</p>





	<p><b>Go Beyond</b></p> <ul style="list-style-type: none"> <li style="background-color: #28a745; color: white; padding: 5px; margin-bottom: 5px;">Life beyond school</li> <li style="background-color: #dc3545; color: white; padding: 5px; margin-bottom: 5px;">Leadership &amp; Responsibility</li> <li style="background-color: #6f42c1; color: white; padding: 5px; margin-bottom: 5px;">Health and Wellbeing</li> <li style="background-color: #fd7e14; color: white; padding: 5px;">Stay Resilient</li> </ul>	<p>We partner with Go Beyond—the UK children’s charity offering free residential and day breaks at their Daleside Centre near Ashbourne—to give pupils incredible outdoor experiences under the wide-open skies of Derbyshire. Children aged 8–13 spend four nights and five days (or enjoy day visits) enjoying activities like rock climbing, campfire marshmallow toasting, creative workshops, and more, all supported by caring Break Leaders and trained volunteers</p>	<p>We do this to give children facing serious challenges - a caring responsibility at home, bereavement, poverty, family break ups - a much-needed escape in nature. Residential and day breaks help build confidence, resilience, friendships, and fresh perspective, allowing each child to believe in themselves and feel ready to face life’s challenges with renewed strength</p>
	<p><b>Pastoral Groups</b></p> <ul style="list-style-type: none"> <li style="background-color: #6f42c1; color: white; padding: 5px; margin-bottom: 5px;">Health and Wellbeing</li> <li style="background-color: #fd7e14; color: white; padding: 5px;">Stay Resilient</li> </ul>	<p>Our pastoral groups provide a safe, nurturing space where children can develop emotional resilience and social skills. We offer a wide range of support, including Circle Time, Drawing and Talking Therapy, Socially Speaking sessions, targeted 1:1 support, and guidance from our dedicated Inclusion Mentor. These sessions help pupils express feelings, build confidence, and strengthen relationships in a calm, structured environment.</p>	<p>We do this because emotional wellbeing is the foundation for learning and personal growth. By offering exceptional pastoral care, we ensure every child feels valued, understood, and supported. These interventions help pupils manage emotions, develop positive communication skills, and thrive both in and out of the classroom.</p>





	<p><b>Moo Music</b></p> <p>Health and Wellbeing</p>	<p>We run Moo Music sessions specifically designed for pupils with SEND. These sessions use fun, interactive songs, movement, and sensory play to support communication, motor skills, and emotional development. Children engage with music through actions, props, and rhythm activities in a calm, inclusive environment that encourages participation at their own pace.</p>	<p>We do this because music is a powerful tool for connection and learning. Moo Music helps SEND pupils develop confidence, social interaction, and language skills while having fun. The sessions provide a multi-sensory experience that supports individual needs and promotes wellbeing in a positive, engaging way.</p>
 <p><small>shutterstock.com · 2623354817</small></p>	<p><b>Aspirations Award</b></p> <p>Life Beyond School</p> <p>Leadership &amp; Responsibility</p> <p>Stay Resilient</p>	<p>The Ashbourne Primary Aspiration Award encourages pupils to challenge themselves, develop independence, and achieve personal goals. Children take part in a range of activities such as community projects, outdoor learning, creative tasks, and personal development challenges. Each stage of the award celebrates effort, resilience and aspiration.</p>	<p>We do this to inspire ambition and confidence in every child. The award helps pupils build essential life skills—teamwork, problem-solving, and perseverance—while fostering a sense of pride in their achievements. It’s about preparing children for future success by encouraging them to aim high and believe in themselves.</p>



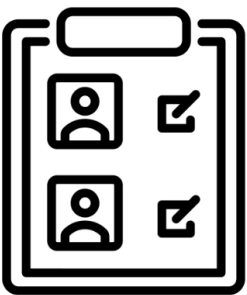
	<p><b>Grow £5</b></p> <ul style="list-style-type: none"> <li style="background-color: #28a745; color: white; padding: 5px; margin-bottom: 5px;">Life Beyond School</li> <li style="background-color: #17a2b8; color: white; padding: 5px; margin-bottom: 5px;">Citizenship &amp; BV</li> <li style="background-color: #dc3545; color: white; padding: 5px;">Leadership &amp; Responsibility</li> </ul>	<p>The Grow £5 Initiative challenges pupils to use creativity and enterprise skills to turn £5 into something bigger. Children work in teams to plan, budget, and run small projects - such as making crafts, baking, or organising events - learning how to manage money and think like entrepreneurs.</p>	<p>We do this to help pupils develop real-world skills like problem-solving, teamwork, and financial awareness. The initiative encourages responsibility and innovation, showing children that with planning and effort, small ideas can grow into big achievements. It's about building confidence and inspiring future aspirations.</p>
	<p><b>Family Lunches</b></p> <ul style="list-style-type: none"> <li style="background-color: #6f42c1; color: white; padding: 5px;">Health and Wellbeing</li> </ul>	<p>We invite parents, grandparents, and carers to join their child for a special family lunch in school. These events give families the chance to share a meal together, meet staff, and enjoy time in a relaxed, welcoming environment. It's a lovely way to strengthen the connection between home and school.</p>	<p>We do this because positive family engagement supports children's wellbeing and learning. Sharing lunch helps children feel proud and valued, while families get to experience school life first-hand. It builds relationships, creates happy memories, and reinforces the sense of community that makes our school special.</p>



## Equity of Opportunity

Equity of Opportunity		
Initiative	What we do?	Why we do it?
	<p><b>Pupil Participation tracker</b></p> <p>Our Pupil Participation Tracker records every child’s involvement in enrichment opportunities such as clubs, events, leadership roles, and special projects. It helps us ensure that all pupils have access to a wide range of experiences and that participation is fair and inclusive across the school.</p>	<p>We do this because taking part in wider school life builds confidence, teamwork, and a sense of belonging. Tracking participation helps us identify pupils who may need encouragement or extra opportunities, ensuring every child benefits from a rich and balanced school experience.</p>
	<p><b>Monitoring of impact and access for Disadvantage pupils</b></p> <p>We systematically track the access, engagement, and outcomes of pupils who are disadvantaged (including those eligible for Pupil Premium and other vulnerable groups). Using a whole-school spreadsheet, we monitor participation in enrichment, targeted interventions, attendance, behaviour, wellbeing, and academic progress. Staff review this data regularly to identify gaps, remove barriers, and adjust support so every child can access high-quality provision and thrive.</p>	<p>We do this to ensure equity and impact. Careful monitoring helps us see what’s working, where access is limited, and which pupils need additional support. By acting on evidence, we can direct resources effectively, improve outcomes, and guarantee that disadvantaged pupils benefit fully from the curriculum, enrichment, and pastoral offer.</p>



	<b>Impact upon attendance</b>	<p>When designing the calendar, we deliberately track and target personal developments events to support pupils who are persistently absent. We also ensure that events take place on days where attendance is traditionally lower.</p>	<p>Higher attendance leads to better academic outcomes for all learners and ensures that all children and families build effective school attendance routines to prevent social isolation, ensuring all pupils feel part of the school community and build strong friendships.</p>
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## Appendix 1: Broader Experiences Calendar

We are dedicated to ensuring that every child experiences a rich and fulfilling education. Guided by our motto, 'Excellent Effort Always Matters', we provide opportunities that nurture curiosity, creativity and resilience, enabling pupils to grow in confidence and develop the skills they need to succeed both now and in the future. Our aim is for every child to leave Ashbourne Primary with a strong sense of belonging, a love of learning and the character to contribute positively to the world around them.

This calendar highlights the wide range of enriching opportunities beyond the National Curriculum. These experiences support pupils' personal development, nurturing their spiritual, cultural, emotional and social growth, and reflecting our Golden Threads of Language and Literacy, Resilience and Regulation, and Belonging and Becoming. This calendar is a living document and may be updated to reflect new opportunities and initiatives throughout the academic year.

### Ashbourne Primary's 'Wider Opportunities/Personal Development' Yearly Overview 2025-2026


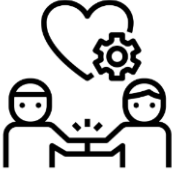
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>School Events</b>	Poetry Day Poetry Festival -parents DT Week Book Fair Class Outdoor Learning Family Lunch	Anti-bullying Week Odd Socks Day Remembrance wreath EYFS Nursery Rhyme Week Online Safety Week Infant Nativity Performance Christmas Church service Class Christmas parties Christmas Dinner Day Christmas Jumper Day Elfridges Santa's Grotto Class Outdoor Learning Y6 Music Concert Christmas Choir Concert Children In Need Rock Steady Concert	Summer Play auditions Disco Class Outdoor Learning STEM event	World Book Day Book Week Class Assembly KS2 Summer Play rehearsals Class Outdoor Learning Red Nose Day Rock Steady Concert	Music Appreciation Week ARTS week Class Outdoor Learning	Aspirations Award Sports Week Sports Day Staff Clubs Summer Play Performance Transition days Class Outdoor Learning Y6 Music Concert Summer Choir Concert Y6 Leavers' assembly Grow £5 Summer Fair Rock Steady Concert



<b>Trips/Visitors</b>						
<b>Groups/Clubs</b>	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Book Club Moo Music Running Club Biscuit Club	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Book Club Moo Music Running Club Biscuit Club	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Book Club Moo Music Running Club Biscuit Club	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Book Club Moo Music Running Club Biscuit Club	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Moo Music Running Club Biscuit Club	School Council Peer Buddies Reception Buddies Sports Organising Crew Forest Friends Rock Steady Mr Murphy Sports Group Choir Circle Time Multiple Staff Clubs Moo Music Running Club Biscuit Club



## Appendix 2: How the Five Fundamental British Values Are Promoted at Ashbourne Primary School

British Value	Embedded through curriculum & teaching	Enriched through wider Personal-Development offer	Resulting impact on pupils
<p><b>Democracy</b></p> 	<p>Pupils learn about democratic principles through PSHE, history, and class discussions. They explore how decisions are made in society and why everyone's voice matters. Lessons encourage debate, voting activities, and collaborative decision-making in group work.</p>	<p>School Council elections give pupils real experience of democracy. Children campaign, vote, and represent their peers, helping shape school life. Pupil voice surveys and suggestion boxes further empower children to influence decisions. Class voting stations are used. For example, voting for the class book.</p>	<p>Children see their vote alter policy, hone persuasive-speech skills and leave KS2 confident that civic participation is not reserved for adults or people different to them.</p>
<p><b>Rule of Law</b></p> 	<p>Pupils learn the importance of laws and rules through PSHE, history, and everyday classroom practice. They explore why societies need laws, how they protect individuals, and what happens when rules are broken. PRAISE aims and behaviour expectations reinforce fairness and shared responsibility. Lessons often include real-life scenarios to help children understand consequences and justice.</p>	<p>We strengthen this understanding through visits from community police officers and fire safety teams, giving pupils real-world insight into law enforcement and public safety. Our restorative approach to behaviour management models fairness and accountability, while initiatives like online safety assemblies teach pupils about rules in the digital world. These experiences help children see the value of laws in everyday life and encourage respect for them.</p>	<p>Pupils internalise that laws protect everyone, understand proportional consequences and practise conflict resolution before issues escalate.</p>
<p><b>Individual Liberty</b></p>	<p>Pupils are encouraged to make choices in their learning, express opinions, and develop independence. Lessons on rights and responsibilities teach children about personal freedoms and respecting others.</p>	<p>Opportunities like clubs, leadership roles, and creative projects allow pupils to pursue interests and take ownership of their learning. Wellbeing initiatives and pastoral support ensure pupils feel safe to express themselves.</p>	<p>Pupils develop self-confidence, aware of their rights and responsibilities, and able to make safe, authentic choices about learning, beliefs and lifestyle.</p>



<p><b>Mutual Respect</b></p>	<p>Respect is a core school value part of our PRAISE aims and taught through PSHE, RE, and everyday interactions. Pupils learn to listen, value differences, and work collaboratively.</p>	<p>Peer mentoring, buddy systems, and team activities promote respect in practice. Celebrating achievements and positive behaviour reinforces a culture of kindness and appreciation.</p>	<p>Children habitually listen, empathise and celebrate difference; incidents of derogatory language are extremely rare and swiftly challenged by peers themselves.</p>
<p><b>Tolerance of different faiths &amp; beliefs</b></p>	<p>RE lessons and themed curriculum weeks explore world religions, cultures, and traditions. Pupils learn to appreciate diversity and challenge stereotypes.</p>	<p>Cultural celebrations, visits to places of worship, and guest speakers provide real-world experiences of different beliefs. Displays and assemblies showcase diversity and inclusion.</p>	<p>First-hand encounters dismantle stereotypes; pupils practise respectful enquiry, confidently challenge intolerance and act as ambassadors for an inclusive Britain</p>