

Ashbourne Primary School Menu 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.
Break	Fruit and/or Vegetable Pots Whole Fruit	Fruit and/or Vegetable Pots Whole Fruit	Bacon Cob, Fruit and/or Vegetable Pots	Fruit and/or Vegetable Pots Whole Fruit	Bacon Cob, Fruit and/or Vegetable Pots Whole Fruit
Lunch	<p style="text-align: center;">Mac “n” Cheese Or Cheese or Pepperoni Pizza</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Cheese or Beans Or Turkey Salad Wrap</p> <p style="text-align: center;">Main Meal Served with Green Beans & Carrots</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Fruit Kebabs or Pancakes with Syrup</p>	<p style="text-align: center;">Taco Tuesday Or Three Bean Chilli</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Coleslaw or Beans Or Cheese & Tomato Wrap</p> <p style="text-align: center;">Main Meal Served with 50/50 Rice & Sweetcorn</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Banana Bread or Melon Slices</p>	<p style="text-align: center;">Roast Gammon Or Quorn Roast</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Cheese or Tuna Mayo Or Tuna & Cucumber Wrap</p> <p style="text-align: center;">Main Meal Served with Potatoes, Veg & Yorkshire</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Jelly with Fruit or Cupcake</p>	<p style="text-align: center;">Chicken Korma Or Veggie Korma</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Chefs choice Or BBQ Chicken Wrap</p> <p style="text-align: center;">Main Meal Served with 50/50 Rice</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Homemade Flapjack or Frozen Yoghurt</p>	<p style="text-align: center;">Fish Fingers Or Mega Chip Butty (Choose from curry sauce or thick gravy on top)</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Cheese & Beans Or Ham & Cheese Wrap</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Ice Cream or Chocolate Sponge</p>
After School Club snack	Mini Cheese Toasties with Veggie Sticks or Yoghurt & Fruit Pot	Cheese Sticks with Apple & Carrot Slices or Yoghurt Pots with Fruit or Granola	Mini Pizza Bagels or Yogurt & Fruit Pot	Cheese Sticks with Apple & Carrot Slices or Yogurt Pots with Fruit or Granola	Baked Potato Wedges with Ketchup or Cheese Sticks with Apple & Carrot Slices