

Ashbourne Primary School Menu 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.	Toast with Butter and Jam. Fresh Fruit A Selection of Cereals.
Break	Fruit and/or Vegetable Pots Whole Fruit	Fruit and/or Vegetable Pots Whole Fruit	Fruit and/or Vegetable Pots Whole Fruit	Fruit and/or Vegetable Pots Whole Fruit	Bacon Cob, Fruit and/or Vegetable Pots
Lunch	<p style="text-align: center;">Chicken Burger Or Cheese & Tomato Quiche</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Cheese & Beans Or Chicken & Cucumber Wrap</p> <p style="text-align: center;">Main Meal Served with Mini Waffles & Broccoli or Baked Beans</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Fruit Skewers with Yoghurt Dip or Chocolate Pancakes.</p>	<p style="text-align: center;">Spaghetti Bolognese Or Vegetable Shepherd's Pie</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Cheese or Coleslaw Or Ham & Cheese Wrap</p> <p style="text-align: center;">Main Meal Served with Garlic Bread, Green Beans & Sweetcorn</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Mini Banana Muffin or Apple Crumble Traybake</p>	<p style="text-align: center;">Roast Chicken Or Stuffed Bell Pepper</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Beans & Cheese Or Tuna & Sweetcorn Wrap</p> <p style="text-align: center;">Main Meal Served with Crispy Potatoes & Seasonal Vegetables</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Jelly with Fruit Pieces or Vanilla Cupcake</p>	<p style="text-align: center;">Chicken Curry & Rice Or Veggie Stir-Fry with Noodles</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Chef's Choice of Filling Or Turkey & Salad Wrap</p> <p style="text-align: center;">Main Meal Served with Steamed Green Peas</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Homemade Flapjack or Frozen Strawberry Yoghurt</p>	<p style="text-align: center;">Fish Stars Or Veggie Burger</p> <p style="text-align: center;">Fresh Baked Jacket Potato with Beans & Cheese Or BBQ Chicken Wrap</p> <p style="text-align: center;">Main Meal Served with Chips, Garden Peas or Beans</p> <p style="text-align: center;">Salad Bar</p> <p style="text-align: center;">Ice Cream Pot or Chocolate Beetroot Brownie.</p>
After School Club snack	Wheat Crackers with Hummus & Veg Sticks or Mini Cheese Toasties with Cucumber	Carrot & Cucumber Sticks with Yummy Dip or Whole Wheat Crackers with Cheese or Hummus.	Mini Cheese & Tomato Pizzas or Wholemeal Crackers & Cheese.	Carrot & Cucumber Sticks with Yummy Dip or Whole Wheat Crackers with Cheese or Hummus.	Baked Potato Wedges with Ketchup or Veg Sticks & Yummy Dip.